



Tijdschema AAS-meeting 7 september 2019 te Kapellen

Locatie : Gemeentepark, Bergstraat, 2950 Kapellen

Inschrijvingsgeld : 3 €/atleet (ongeacht aantal proeven)



Benaderend Tijdschema

| | | | | | | | | |
|---------|--|-----------|-------------------------------|--------------------|--------------|------------|--------------------------|--|
| 13.00 u | 4 x 100 CAD D 4 x 100 CAD H 4 x 80 MIN D 4 x 80 MIN H 4 x 60 PUP D 4 x 60 PUP H 4 x 60 BEN D 4 x 60 BEN H | | | | | | | |
| 13.45 u | 150 m MIN D 150 m MIN H | ver BEN D | kogel PUP D 2 kg | discus PUP H 600 g | hockey BEN H | | | |
| 14.00 u | 100 m CADH | | | | | | hoog CAD H (na 100 m) | |
| 14.15u | | | | | | | | |
| 14.30 u | | ver MIN D | | | | | | |
| 14.45 u | 60 m BEN D 60 m BEN H 60 m PUP H | | kogel BEN D 1 kg (na 60 m) | discus CAD D 1 kg | | | | |
| 15.00 u | | | | | | | | |
| 15.15 u | | ver BEN H | | | hockey PUP H | hoog MIN H | | |
| 15.30 u | | | | | | | | |
| 15.45 u | 200 m CAD D 200 m CAD H | | | discus PUP D 600 g | | | | |
| 16.00 u | | | | | | | | |
| 16.15 u | | | kogel BEN H 1 kg | | hockey BEN D | | | |
| 16.30 u | 60 H PUP H 76 cm 60 H PUP D 76 cm 60 H MIN D 76 cm 80 H CAD D 76 cm 80 H MIN H 84 cm 100 H CAD H 91 cm | | | | | | | |
| 16.45 u | Na hordenloop van betrokken categorie | ver PUP D | kogel MIN H 3 kg | discus MIN D 750 g | | hoog CAD D | | |