

**Voorlopige uurrooster PK Estafetten te Herentals
zondag 25 augustus 2019**

	Proef	Categorie
10u00	4 x 60m	Ben V
10u15	4 x 60m	Ben M
10u30	4 x 60m	Pup V
10u50	4 x 60m	Pup M
11u10	4 x 80m	Min V
11u25	4 x 80m	Min M
11u45	3 x 600m	Ben V
12u05	3 x 600m	Ben M
12u20	3 x 600m	Pup V
12u35	3 x 600m	Pup M
12u50	3 x 600m	Min V
13u20	3 x 600m	Min M
	pauze	
14u15	4 x 100m	AMH
14u30	4 x 100m	CAD/SCH V
14u45	4 x 100m	CAD/SCH M
15u00	4 x 100m	JUN/AC/MAS V
15u15	4 x 100m	JUN/AC/MAS M
15u30	4 x 800m	CAD/SCH V
15u45	4 x 800m	CAD/SCH M
16u15	4 x 800m	AC/MAS V
16u30	4 x 800m	AC/MAS M
16u40	4 x 400m	AMH
16u50	4 x 400m	AC/MAS V
17u00	4 x 400m	AC/MAS M
17u15	4 x 200m	AC/MAS V
17u30	4 x 200m	AC/MAS M
17u40	4 x 1500m	AC/MAS M